

Signs of Abuse

A brief reminder of some of the signs of possible harm or abuse

Physical:

- bruises, cuts, burns, scalds
- unlikely reasons for injuries



Psychological:

- tearful or defensive
- self harm
- extreme changes in behaviour



Sexual:

- inappropriate behaviours towards people (over-familiar)
- reluctance to be with a certain person



Financial:

- unexplained lack of money
- unexplained new items and new friendships
- unexplained bank activity



Neglect:

- poor weight, hygiene and clothing
- malnutrition or constant hunger
- hoarding



Grooming:

- unusual secretive behaviour
- change of emotions, withdrawn or volatile
- can also be used to radicalise vulnerable or at risk individuals

